



## **What type of services you can get?**

ACCS can help you keep doing the things you enjoy and to stay in touch with others by:

- Matching you with appropriate Volunteer for companionship and social support (Friendly Visiting Program)

Volunteers visit you in your own home for socialisation and to help you access the community.

- Connecting you with people in group setting to increase your social support networks and to improve your wellbeing. (Planned Activity Groups Program).

The Planned Activity Group Program encourages you to participate in activities where you can social and have fun with other members of the community.