



## Managing Your Home Care Package

If you have a government subsidised home care package, you are required to pay for package management. This includes all administration costs and case management by one of our experienced ACCS Home Care Package Managers. The cost of this varies depending on how much advice and support you require.

### Level of Support

We offer two support options for people on Home Care Packages:

#### *Comprehensive*

The Comprehensive option includes regular home visits, monitoring and advocacy. This helps to take the burden off families, particularly when there is a crisis. It also offers the benefit of expert capability in determining appropriateness of care. Through regular visits, the case manager has the ability to notice and act on the physical and cognitive changes associated with the ageing process. The case manager also provides one-on-one support to navigate the aged care system and maximise the consumer's Home Care Package.

#### *Self-managed*

The self-managed option involves a basic level of support to set up and maintain your Home Care Package. This option promotes consumer's self-management, and is therefore especially appropriate for consumers with low care needs.

We recommend that people start with Comprehensive option, given the complexity of the aged care system. Our duty of care is to make sure that consumers changing care and support needs are identified and managed appropriately.

### Case Managers

- ACCS Case Managers are your advisors of care.
- Our Case Managers are experts in Aged Care and your main point of contact with ACCS.
- Your Case Manager will work closely with you to understand your needs and your goals.
- Together you will create a care plan that is best for you and your family.